

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
--	-------	--------	-----------	--------	---------	--------	---------

9:30
10:30
11:30
14:00
18:30
19:30
20:30

9:30	STEP MIX	PILATES	BODY PUMP	BIKING	EN FORMA			
10:30	BODY PUMP	TBC	CARDIO JUMP	YOGA	STEP MIX	MINDFULNESS		
11:30	TONO STRETCH	FIT WALKING	TONO STRETCH	EN FORMA	TABATA	MUAY THAI		
14:00	YOGA	PILATES	BODY BALANCE	HIIT	YOGA			
18:30	BODY PUMP	POWER PILATES	HIIT	STEP MIX	FIT WALKING	ZUMBA	BIKING	
19:30	ZUMBA	YOGA	ZUMBA	CROSS HIT	TABATA	FIT WALKING	EN FORMA	STRONG NATION
20:30	CROSS HIT	BODY PUMP	ZUMBA	YOGA	BODY BALANCE	ZUMBA		